

Speed Reading

Duration: 1 Day

Introducing Speed Reading

- The Mechanics of Speed Reading
- Speed Reading Fundamentals

The Fundamentals

- Your Reading Rate
- Taking in More than One Word at a Time
- Understanding Groups of Words

Advancing Your Skills

- Pick up the Pace
- Reading More in Less Time
- Understanding Writing Structure Improves Reading Speed

Comprehension Improvement

- Widen Your Vocabulary
- Reading Tasks